

Two Dimensional and Color Doppler Ultrasound Scoring in Evaluation of Anterior Low Lying Placenta and its Adherence to Previous One Cesarean Section Scar in the Third Trimester

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ABSTRACT

Background: Placenta accreta is a potentially fatal obstetric disease which necessitates a multidisciplinary strategy to treatment. The occurrence of placenta accreta has grown, which appears to be correlated with the rising rate of cesarean deliveries. Women with myometrial damage from a prior cesarean birth, especially those with placenta previa anterior atop the uterine scar, are at the highest risk of placenta accreta.

Aim of the study: To assess the accuracy of each 2D & CDF in diagnosing placenta accreta and to identify the prevalence, risk variables, and outcome of treatment of women with placenta accreta.

Patients and Methods: The study is a prospective cohort study that includes all cases diagnosed with placenta previa anterior plus one previous cesarean section who were admitted to Al Hussein and Sayed Galal University Hospital between January and December 2020. The study has been accepted by the obstetric department's ethical committee, and after proper counseling, all 107 women solicited for enrollment in the obstetric department and provided written informed consent.

Results: In prior cesarean delivery cases with placenta previa anterior, the occurrence of placenta accreta was 64%.

Conclusion: Color Doppler imaging has high specificity and sensitivity for identifying placenta previa accreta, particularly anterior placenta accreta, since abnormal uteroplacental invasion may be detected with high confidence.

Keywords: Cesarean; accretion; doppler; Ultrasound.

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INTRODUCTION

Morbidly adherent placentas are characterized by a range of abnormalities, including placental myometrium invasion as well as invasion past the myometrium and muscle layers into adjacent structures. This condition has lately become increasingly common due to an increase in the frequency of cesarean deliveries, and it is classified into three classes depending on histopathology ¹.

Placenta accreta's exact pathogenesis is unknown. A number of theories have been offered, including decidua maldevelopment, excess trophoblastic invasion, or a mix of the two ². Deficient decidualization, abnormal maternal vascular remodeling, excess trophoblastic invasion, or combinations of these are thought to be the result of prior instrumentation ³.

Placenta accreta is a serious pregnancy complication which can result in extensive and potentially life-

threatening intrapartum and postpartum bleeding ⁴. Placenta accreta has been the main reason for urgent hysterectomy due to severe uterine bleeding, which could necessitate extensive life-saving surgical treatments like hysterectomy and ligation of major pelvic vessels ⁴.

As a result of placental invasion into nearby organs, repair of the urinary bladder or bowel might be required. In these drastic instances, massive transfusions of blood and blood products are the rule. Other complications include neonatal death, infection, fistula formation & ureteral damage ⁵.

Maternal morbidity and mortality have been documented in up to 60% and 7% of women with placenta accreta, respectively. Furthermore, the frequency of perinatal complications has grown, owing primarily to preterm delivery and fetuses that are undersized for gestational age ⁶.

A prior cesarean birth, especially when combined with a coexisting placenta previa, has been identified as a risk factor for placenta accreta. The risk of placenta accreta increases exponentially as the number of past cesarean births increases⁷. Other predisposing factors have been identified including: scarred uterus, multiple pregnancies, prior uterine operations, advanced mother age, and prior uterine curettage^{5,8}.

The best time to diagnose placenta accreta is during the antenatal stage, using sonographic or magnetic resonance imaging methods. Much research has shown that ultrasonography can be used to make this diagnosis, especially at <20 weeks of pregnancy⁹. Regrettably, some instances of placenta accreta are detected during birth when the woman suffers from persistent vaginal hemorrhage or severe vaginal hemorrhage when the placenta is attempted to be removed, or merely a portion of the placenta may be removed¹⁰.

The study aimed to assess the accuracy of each 2D & color Doppler flow in the placenta accrete diagnosis and to postulate a scoring system based on 2D and color Doppler flow criteria to predict placental invasion in women who have had at least one cesarean section in the 3rd trimester.

PATIENTS AND METHODS

Type and Duration of the study: The study is a prospective cohort study that includes all cases diagnosed with placenta previa anterior plus one previous cesarean section who were admitted to Al Hussein and Sayed Galal University Hospital between January and December 2020. The study has been accepted by the obstetric department's ethical committee, and after proper counseling, all 107 women solicited for enrollment in the obstetric department and provided written informed consent.

Inclusion criteria include: Diagnosis: patients must have placenta previa anterior (anterior wall low lying). Gestational age: more than 30 weeks at the beginning of the research. Parity: patients must have one previous cesarean section.

Exclusion criteria: Patients with unscarred uterus, or scarred uterus other than cesarean section or more than one cesarean section. Patients who have a normally positioned placenta. Placenta previa posterior. Coagulopathy or other co-morbidity

Diagnosis of placenta previa: Diagnostic criteria suspecte of placenta accreta

Ultrasound is the suggested initial step in diagnosing placenta previa accrete¹¹.

US finding	Suggested standardized definition
2D grayscale	
Loss of 'clear zone'	Hypoechoic plane loss or irregularity in the myometrium beneath the placental bed ('clear zone')
Abnormal placental lacunae	The existence of multiple lacunae, some of which are huge and irregular (Finberg Grade 3), and which frequently include turbulent flow evident on grayscale imaging
Bladder wall interruption	Bright bladder wall loss or interruption (hyperechoic band or 'line' among uterine serosa and bladder

	lumen)
Myometrial thinning	Myometrium thins overlying the placenta to less than one millimeter or undetectable
Placental bulge	The aberrant bulging of placental tissues into an adjacent organ, usually the bladder, causes the uterine serosa to deviate from its anticipated plane. The uterine serosa looks to be intact, but the outline form is distorted
Focal exophytic mass	Placental tissue is visible, breaking through the uterine serosa and expanding beyond it; it is most commonly visible within a filled urinary bladder

Table (1): Ultrasound criteria that diagnosis of morbidly adherent placenta.

Color Doppler ultrasound was recommended to assist in the placenta previa accreta diagnosis since it displays abnormal regions of hypervascularity with dilated blood vessels inside the placenta and uterine tissues^{12,1}.

CD finding	Suggested standardized definition
color Doppler	
Uterovesical hypervascularity	A striking number of color Doppler signals can be visible across the myometrium and the bladder's posterior wall; such a signal most likely implies the presence of many, tightly packed, tortuous vessels within this area (showing the aliasing artifact and the multidirectional flow).
Subplacental hypervascularity	A striking number of color Doppler signals are visible in the placental bed; this signal most likely implies the presence of many, tightly packed, tortuous vessels within this region (showing the aliasing artifact and the multidirectional flow).
Bridging vessels	Vessels that appear to stretch from the placenta, through the myometrium, and beyond the serosa into the bladder or other organs, frequently flowing perpendicular to the myometrium
Placental lacunae feeder vessels	High-velocity blood vessels that go from the myometrium to the placental lacunae, generating disturbance upon entrance.

Table (2): Color Doppler criteria that diagnosis of morbidly adherent placenta

Preoperative Preparation

Preoperative procedures are designed to improve the outcome, decrease the risk of complications and make the surgical approach of placenta accreta as safe as possible, these preparations include: Complete laboratory tests: a full blood count, hepatic function tests, kidney function tests, and coagulation profile. If anemia is discovered, it must be corrected properly before delivery by blood transfusion if

Hemoglobin level is below 9 gm/dl or the fetus is more than 36 weeks gestation. Anemia may be corrected by parenteral iron if Hemoglobin level is above 9 gm/dl or the fetus is less than 36 weeks gestation. Proper counselling of the patient and her relatives about her case and possible complications as cesarean hysterectomy, bladder, intestinal injury up to death. Patients and her relatives must sign an informed consent form acknowledging that they are aware of risk and complications. The surgery will not proceed unless the consent form is signed. Preparing of cross matched blood of the same blood group at least two bags of blood and four units of fresh frozen plasma and must be available before surgery. Preparing of Intensive Care Unit (ICU) bed before the operation as some patients need ICU admission after delivery.

Outcomes:

Primary outcome criteria: During the 2nd cesarean section, placental accretion was discovered intraoperatively. (time frame): intra-operative during cesarean section

Secondary outcome criteria: Uterin conservation versus to cesarean hysterectomy. (time frame: intra-operative during cesarean section

Postpartum bleeding (time frame: from fetus birth to 24 hours following fetus birth) quantity of postpartum hemorrhage is > 1000 ml. Severe postpartum bleeding (time frame: from fetus birth to 24 hours following fetus birth) quantity of postpartum hemorrhage was > 1500 ml. Injury to the bladder (time frame: intra-operative) (during the cesarean birth time) Bladder injury as a result of the birth of the placenta or hemorrhage control.

Statistical analysis:

P-value: is the likelihood that the null hypothesis will be rejected (Ho). If the P-value is less than the chosen significance level then the null hypothesis (Ho) is rejected. The choice of significance level at which the Ho is rejected is arbitrary. Traditionally the 5, 1.5 & 0.1% (p<0.05, 0.01, 0.001) regions are used.

P: The probability/significance value: P value greater than 0.05 (NS) It's insignificant.* Significant at the 0.05 level when the P value is less than 0.05. ** Significant at 0.01 level when P value is less than 0.01.

Binary logistic regression: This technique has been utilized to predict the result of a categorical parameter depending on one or more predictive factors. Receiver operating characteristic (ROC curve) analysis has been done to determine the total predictivity of the parameter and the optimal cut-off value, as well as the specificity and sensitivity at this cut-off value.

Sensitivity, Specificity and Predictive value of Ultrasound and Doppler: Color Doppler imaging has high specificity and sensitivity for identifying placenta previa accreta, particularly anterior placenta accreta, since abnormal uteroplacental invasion might be observed with high confidence. Ultrasonography and Doppler were suggestive of morbid adherence in 38 instances (95.2%) of patients approved by placenta accreta, with an accuracy of 96 %, specificity of 97.3%, sensitivity of 95.24%, PPV of 98.36%, and NPV of 92.31%.

RESULTS

US		Outcome (Intraoperative)	
		Positive (n=67)	Negative (n=40)
Loss of clear zone	Positive	62	5
	Negative	5	35
Abnormal placental lacunae	Positive	64	3
	Negative	3	37
Bladder wall interruption	Positive	22	0
	Negative	45	40
Myometrial thinning	Positive	62	4
	Negative	5	36
Placental bulge	Positive	62	5
	Negative	5	35
Focal exophytic	Positive	23	0
	Negative	44	40
Color Doppler			
Utero vesical hyper vascularity	Positive	64	13
	Negative	3	27
Subplacental hyper vascularity	Positive	60	4
	Negative	7	36
Bridging vessels	Positive	64	13
	Negative	3	27
Placental lacune feeder vessels	Positive	65	3
	Negative	2	37

Table 3: True positive & negative and false positive & negative of US and color Doppler compared to surgical intervention used as the “Gold Standard”.

	Sensitivity	Specificity	Accuracy	Positive value	Negative value
US					
Loss of clear zone	93%	89%	91%	87%	94%
Abnormal placental lacunae	97%	93%	95%	91%	98%
Bladder wall interruption	33%	100%	70%	100%	65%
Myometrial thinning	93%	91%	92%	89%	94%
Placental bulge	93%	89%	91%	87%	94%
Focal exophytic	34%	100%	70%	100%	65%
Color Doppler					
Utero vesical hyper vascularity	96%	68%	82%	61%	98%
Subplacental hyper vascularity	90%	90%	90%	86%	93%
Bridging vessels	96%	68%	82%	61%	98%
Placental lacune feeder vessels	97%	93%	95%	91%	98%

Table 4: Sensitivity and specificity and Accuracy and Positive value and Negative value.

	B	Sig.	Odds ratio	95% CI for OR	
				Lower	Upper
loss of clear zone	4.464	<0.001**	4.3	1.175	9.622
Abnormal placental lacunae	5.573	<0.001**	13.2	4.545	41.129
Bladder wall interruption	2.948	0.005*	1.0	0.123	4.440
Myometrial thinning	4.715	<0.001**	5.6	2.533	13.274
Placental bulge	4.464	<0.001**	4.3	1.175	9.622
Focal exophytic	3.015	0.004*	1.0	0.131	4.741
Utero vesical hyper vascularity	3.791	<0.001**	2.2	0.584	5.044
Subplacental hyper vascularity	4.346	<0.001**	3.9	1.900	8.459
Bridging vessels	3.791	<0.001**	2.2	1.051	5.044
Placental lacune feeder vessels	5.994	<0.001**	20.0	5.763	75.275

Table (5): Multivariate regression analysis for prediction of placenta accreta using two dimensional and color Doppler ultrasound compared to surgical intervention used as the “Gold Standard”.

Total Score of finding through US & Color Doppler	Surgical Intervention		Mann-Whitney test	
	Absent Outcome (n=40)	Present Outcome (n=67)	z-test	p-value
Mean±SD	5.78±4.68	52.85±7.87	8.700	<0.001**
Range	0-39	17-57		

Using: Mann-Whitney z-test; **p-value <0.001 HS

Table (6): Comparison between absent outcome and present outcome according to total score of finding through US & Color Doppler.

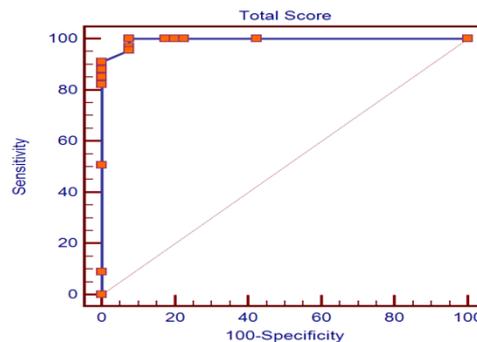


Fig. 1: The total Score of Finding through US & Color Doppler was used to create a Receiver-operating characteristic (ROC) curve for predicting placental accreta.

Cut-off	Sen.	Spe.	PPV	NPV	Accuracy	p-value
≤37	41.1%	58.3%	50.6%	37.0%	45.3%	>0.05
>37-<55	51.7%	71.1%	62.8%	44.0%	59.7%	<0.05*
≥55	95.5%	92.5%	95.5%	92.5%	94.3%	<0.001**

Table 7: The total Score of Finding through US & Color Doppler was used to create a Receiver-operating characteristic (ROC) curve for predicting placental accreta.

The optimal cut off value of the total score was ≥ 55, with sensitivity of 95.5 %, specificity of 92.5 %, PPV of 95.5 %, NPV of 92.5 %, and diagnostic accuracy of 94.3 % using the (ROC) curve.

Quantitative results were divided into quartile range of less than or equal to 25th percentile, 25-75th percentile and >75th percentile, accordingly, they are divided into 3 levels

The level of probability is divided into three levels; Less probability of placental accreta at cut-off score (≤ 37); Mild to moderate probability of placental accreta at cut-off score ($>37 < 55$) and High probability of placental accreta at cut-off score (≥ 55).

DISCUSSION

In our study, the prevalence of placenta accreta in instances of prior cesarean section with placenta previa anterior was 64%. The sharp increase in prevalence was related to the rising prevalence of cesarean birth in recent years, and we selected more risk factors in the inclusion criteria of patients included in the study (previous cesarean, placenta previa anterior reaching the scar, and the cases collected from a referral center at Al Azhar University hospital).

The result of the study was as follow: Cesarean Hysterectomy performed in 5 cases of accretion and 2 cases with no accretion; injury to the bladder in 15 (14%) patients; injury to the bowel in 1 (0.9%) patient; intraoperative blood transfusion in 12 (11%) patients; postoperative blood transfusion in 8 (7%); and ICU admissions in 9 patients.

Howell et al.¹⁴ reported that Placenta accreta is much more common than placenta increta and percreta with the following incidences: placenta accreta – 79%; placenta increta – 14%; and placenta percreta 7%.

In females with placenta previa, Korb et al.¹⁵ discovered a relation between placenta accreta and the number of cesarean deliveries. Korb et al.¹⁵ reported that the frequency of placenta accreta rises with the number of cesarean births in women with placenta previa as follows: in females with placenta previa and no prior cesarean birth, 1 to 5 %, with one previous cesarean birth, 11 to 25%, with two previous cesarean birth, 35 to 47%, with 3 prior cesarean deliveries, 40 %, and with 4 or more prior cesarean deliveries, 50 to 67%.

According to this study the 107 studied cases were divided according to the 2D and color Doppler finding (CDF) into two groups; the group B was 40 cases without sign of accretion, while the group A was 67 cases with sign of accretion. We found that, 38 women in the group B of 40 cases with sign of accretion, performed C.S only without hysterectomy, the group A 67 cases of sign of accretion during the operation 5 cases (7%) were in need for cesarean hysterectomy to achieve complete homeostasis due to severe intrapartum hemorrhage resulted from failure of placental separation in 5 patients, while two case (0.9%) sever uncontrolled atonic uterine bleeding after placental separation and uncontrolled bleeding from placental ped. All patients who performed C.H, underwent histopathological examination.

According to the presence or absence of myometrial invasion, the findings of histopathology affirmed the abnormal placenta diagnosis (accreta, increta, orpercreta) in 4/5 cases with sign of accretion, so the 4 cases were true positive cases, while the remaining case were confirmed to have no pathology, so the one

case was false positive case and she needed cesarean hysterectomy due to exaggerated bleeding from placental bed not controlled by ecbolics and Bakry ballon.

So this study demonstrated that there was a high significant relation between the definitive diagnosis of placenta accrete and the antenatal 2D & color Doppler diagnosis of placenta accrete.

This study agrees with ACOG, as in our study, 2D & color Doppler finding revealed placenta accreta in 67 patients, 7.46 % of these patients underwent hysterectomy.

Other reports have shown that using color Doppler imaging to determine the depth of the placenta's invasion into the uterine myometrium or serosa might enhance the accuracy of the diagnosis of placenta accreta, particularly in instances in which the placenta is situated anteriorly¹⁶.

This study demonstrated that 2D & color Doppler ultrasound in placenta accreta diagnosis had very high sensitivity 95.24%, NPV 92.32%, accuracy 96%, specificity 97.30%, and PPV 98.36%.

Sonolucent area (A) criteria, it was preserved in 40/107 cases, and absent in the remaining 67/107 cases, according to the definitive diagnosis of normal and abnormal placenta by pathological examination, it was found that A criterion had 62 true +ve cases, 5 false +ve cases, 35 true -ve cases, and 5 false -ve cases. So this criterion had high specificity 89.19%, NPV 93.22%, accuracy 88%, PPV 84%, and sensitivity 87.30%.

Lacunae (D) criteria, was detected in 67/107 cases, and not detected in 40/107 cases, 64 cases with were true +ve cases, also had 24 true -ve cases, and 3 false -ve cases, and 3 false +ve cases, So lacunae had the highest sensitivity value 93.65% and the highest NPP 85.19%, 62.16% specificity, 80.82% PPV, and 82% accuracy.

Hypervascularity in uterine bladder interface(H) criteria, it was detected in 77/107 cases, and not detected in 30/107 cases, 64 true +ve cases, 13 false +ve cases, 3 true -ve cases, and 27 false -ve cases. So (H) criterion had high specificity 94.59%, NPV 51.47%, accuracy 65%, PPV 93.75%, and sensitivity 47.62%.

This study confirmed that lacunae (D) criterion was the most sensitive, with the highest NPV, than all other criteria of color Doppler ultrasound, and loss of plane of cleavage (A) criterion had the highest specificity and highest PPV, than all other criteria of color Doppler ultrasound, We also noted that hypervascularity in uterine bladder interface (H) criterion had the lowest NPV of 51.47% than other criteria.

This study confirmed that lacunae (D) criterion was the most sensitive, with the highest NPV, than all other criteria of color Doppler ultrasound, and loss of plane of cleavage (A) criterion had the highest specificity and highest PPV, than all other criteria of color Doppler ultrasound, We also noted that hypervascularity in uterine bladder interface (H) criterion had the lowest NPV of 51.47% than other criteria

CONCLUSION

Color Doppler imaging has high sensitivity and specificity for diagnosing placenta previa accreta, particularly anterior placenta accreta, since abnormal uteroplacental invasion might be detected with high confidence. In this study ultrasound and color dopper of morbidly adherent placenta spectra shows: Less frequent criteria: Bladder wall interruption. Focal exophytic mass. Utero vesical hypervascularity. Bridging vessels. More frequent criteria: Loss of clear zone. Myometrial thinning. Placental bulging. Sub-placental hypervascularity. Most frequent, specific and more accuracy criteria: Placental lacunae. Lacunae feeder vessel.

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